

The Johari Window

It's all about me...	My view		
Your view	Open to both of us	I'm blind to this	Known by you
	Hidden from you	Unknown to both	Not known by you
	Known by me	Not known by me	

A communication model. In conversation,

- If I disclose something to you, the “Open” window grows larger down.
- If you give me feedback and tell me something I didn’t realize about myself, the “Open” window grows larger to the right.
- The larger the “Open” window, the more honest and open we are together and the better we can work together.